



NEW RESOURCES FOR YOU REIMBURSEMENT GUIDES AVAILABLE



UMTRC
NEWS

SPRING HAS FINALLY SPRUNG

At the UMTRC, we're excited that the weather in our region seems to be warming up – even if you never know for sure in the Midwest. Regardless, we're putting away our winter coats and preparing for a season full of telehealth events, news, and resources.

We've got a new resource published – the 2025 reimbursement guides! We have guides available for each state in our region and all four that include a payor matrix for Medicare, Medicaid, and most common private insurance providers. These guides have been updated with 2025 information and are available on umtrc.org.

We're also working on a collection of new toolkits for our audience – some of the topics we intend to tackle include telehealth and lifestyle medicine, and rural telehealth. Do you have another topic that you think we need to cover? Reach out and let us know today at info@umtrc.org!

And don't miss out on NEXUS 2025, the so-called “superbowl of telehealth” – taking place May 3-6 in New Orleans! This year NEXUS is uniting healthcare leaders, clinicians, researchers, and innovators to advance digital health and redefine the science and strategy of care. This year's NEXUS is more than an event—it's an educational experience designed to spark collaboration, foster advanced insights into digital-first innovation, and drive meaningful change in care delivery.

We've also got some other exciting events happening at our parent organization, the Indiana Rural Health Association (IRHA). If you're a golfer, check out our 2025 IRHA Golf Classic at Top Golf in Fishers, Indiana on May 1st. If you're not a golfer, that's fine too! Top golf is perfect for everyone from beginner to golf pro.

And this June, we have the IRHA's annual conference in French Lick, Indiana. Join us to network with other rural health stakeholders and to see presentations from a myriad of professionals, including UMTRC staff!

Don't forget to contact us at info@umtrc.org with any questions – we're here for both blue skies and stormy weather. Thanks as always for your partnership – we're looking forward to our next steps together.

Danielle Renckly
Program Coordinator

On behalf of the UMTRC (Upper Midwest Telehealth Resource Center) Team

HEALTH HIGHLIGHTS

Autism Awareness Month

April is Autism Awareness Month, a time dedicated to increasing understanding and acceptance of autistic individuals. While much attention is given to children, autistic adults also require support and accessible healthcare options. Unfortunately, they often face significant challenges in accessing necessary medical services. Telehealth has emerged as a powerful tool to bridge these gaps, providing autistic adults with more accessible, comfortable, and effective healthcare options.

[Read It Now!](#)

NEW RESOURCES

UMTRC Spring Telehealth Update

Check out some of the latest telehealth and UMTRC updates in our Spring 2025 update video! This video is less than five minutes long, but is packed with information about the UMTRC and our current telehealth landscape.

[Watch Now!](#)

2025
**SPRING
TELEHEALTH
UPDATE**



2025 Reimbursement Guides

Check out our state-by-state reimbursement guides updated for 2025! This guide provides a reimbursement overview including a payor matrix for Medicare, Medicaid, and most common private insurance providers.



EVENTS

From Buzzword to Bedside: Understanding the Prevalence of AI in Healthcare

Join staff from the Upper Midwest Telehealth Resource Center (UMTRC) for a presentation about the sometimes surprising prevalence of Artificial Intelligence (AI) in healthcare today. Attendees can expect:

- A discussion about where AI tools are used in healthcare today, oftentimes without their users even realizing they're using AI at all
- A deeper dive into what the sudden prevalence of this new technology means for the healthcare sector – including a look at how security concerns are sometimes overlooked in favor of convenience
- A look at what our next steps in AI and tech might look like with an emphasis on how AI can be used responsibly
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The presentation will last for 45 minutes with time for questions and discussion immediately following.



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Youth Mental Health Crisis: Using Digital Mental Health Resources in Rural, Urban, & Suburban Schools

Surging mental health demand among youth and a chronic clinician shortage has resulted in a capacity crisis requiring innovative solutions in schools. In 2023, the Partnership for a Connected Illinois (PCI) provided an overview of the needs in schools and the emerging digital and supplemental tele-behavioral mental health vendor field to improve access to student support. In 2024, we provided a deeper dive into digital mental health resources being introduced in schools nationwide and discussed implementation issues.

This year, a panel discussion, including participants from rural, urban, and suburban Illinois school districts, will share their needs, experiences, and lessons learned in introducing these supplemental resources in the '23-'24 and '24-'25 school years. They will share tips to overcome barriers associated with their particular geography to assure effective engagement and impact.

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Other Events

- [NCTRC Webinar - Integrating Frontlines of Care and Specialty Services: Digital Health Tools and Autonomous AI As the Missing Link](#) – May 15

PARTNER NEWS

2025 ATA Nexus

The premier event dedicated to advancing innovation in digital health and care delivery. Bringing together experts, clinicians, C-suite leaders, researchers and investors, Nexus fosters collaboration, explores innovation, and provides tools to drive meaningful change



Telehealth T-Time

Are you passionate about telehealth, virtual care, and digital health?
Do you support telehealth services from a clinical, operational, or technical perspective?

Do you “deliver care at a distance”?

Have you been looking for the opportunity to connect and network with your peers?

Then join us for one, two, or three sessions presented by your fellow telehealth enthusiast peers.

Starting at 11 AM Eastern / 8 AM Pacific on Thursday, May 15, 2025.

NEWS UPDATES

National

- [Eli Lilly Sues 4 GLP-1 Telehealth Startups, Escalating War on Knockoff Drugs](#)[Evidence that telehealth cuts carbon emissions grows](#)

Indiana

- [Planned Parenthood launches virtual health center in Indiana](#)
- [Here's what died – and got dropped in – during the final hours of the Indiana legislative session](#)

Illinois

- [IL House passes bill to train 911 operators in telehealth CPR](#)
- [Downstate Illinois reports 1st measles case of 2025; local physician stresses MMR vaccine](#)

Michigan

- [Michigan House Health Policy Committee discusses bill that could bring more nurses to UP](#)
- [Only 29.3% of Michigan Small Businesses Offer Health Coverage, Down From 40.4% in 2009](#)

Ohio

- [Coplin Health Systems bringing new telehealth unit to Mid-Ohio Valley schools](#)
- [OhioHealth utilizing new technology to document sexual assault injuries](#)

Newsletter Information

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Email Subject: Catching Up with the UMTRC this Spring