



MONTHLY NEWSLETTER

THE LATEST IN TELEHEALTH NEWS



**UMTRC
NEWS**

GETTING INTO GEAR

As we settle into the new year, February offers an opportunity to refocus on connection—both with our patients and with the evolving tools that support their care. This month, we highlight how virtual care continues to bridge winter's gaps, ensuring that weather, distance, and time constraints don't stand between individuals and the services they need. From strengthening chronic condition management to improving access for rural and underserved communities, telehealth remains a lifeline during the year's coldest stretch.

In the coming months, we'll look at emerging policy updates, spotlight digital health innovations shaping 2025, and share practical resources you can use to keep patients engaged and supported. Thank you for your ongoing commitment to making high-quality, accessible care possible—no matter the season.

Danielle Renckly
Program Coordinator

On behalf of the UMTRC (Upper Midwest Telehealth Resource Center) Team

HEALTH HIGHLIGHTS

American Heart Month - Telehealth Uses

American Heart Month is a reminder that heart disease remains the leading cause of death in the U.S., but it's also an opportunity to empower patients with tools that make prevention and management more accessible. Telehealth plays a key role by helping patients monitor blood pressure from home, attend regular check-ins without the stress of travel, and receive coaching on lifestyle changes that support heart health. Virtual care also makes it easier for providers to track trends, adjust medications quickly, and intervene early when risks begin to rise. This February, encourage patients to use telehealth to stay connected, stay informed, and take heart-healthy steps that can make a lasting difference.

EVENTS

- [Telehealth Roundup: SCTRC Regional Billing & Reimbursement Update - February 19th](#)
- [Telehealth 101: The Easy Basics of Telehealth & Telemedicine - March 19th](#)
- [Telehealth at Yet Another Crossroads: Analysis of Our Present and Potential Futures - March 20th](#)
- [Artificial Intelligence \(AI\) in Behavioral Health & Addictions: Innovations, Risks, and Ethical Considerations - March 20th](#)

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NEWS UPDATES

National

- [5 telemedicine trends for hospital leaders in 2025](#)
- [Fact Sheet: Telehealth Waivers | AHA](#)

Indiana

- [Telehealth will soon no longer be covered by Medicare](#)
- [Center for Healthy Living telehealth visits to incur small fee](#)

Illinois

- [Expansion of Buprenorphine Treatment via Telemedicine](#)
- [Illinois health system to switch to Epic](#)

Michigan

- [What Is Telemedicine? How It's Changing Care in MI](#)
- [Study finds family medicine physicians receive highest number of electronic in-basket messages per clinic hour](#)

Ohio

- [UC researcher uses AI to reimagine telehealth billing](#)
- [Medicare Telehealth Coverage, Set to Expire March 31,](#)

Newsletter Information

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