



# 2025 IS HERE LEARN MORE ABOUT THE TRCS



**UMTRC  
NEWS**

## **HAPPY NEW YEAR, ALL!**

The end of 2024 and beginning of 2025 have certainly moved quickly, perhaps too quickly for some of us to even keep track of, much less process and remember with excellent recall. Perhaps, if you're like me, and you had the great fortune of spending time with family and slowed down a bit throughout the holiday season, it was both clarifying and challenging to live with so much uncertainty but also prioritize things for personal and professional safety, security, and growth.

New years also offers us the opportunity to make new promises; the new year also offer us the ability to eschew traditional modes of thinking, routines, and patterns we've enacted, enabled, and those to which we've become inured. So, for me, as we begin 2025 at the Upper Midwest Telehealth Resource Centers, I'm keen to keep providing the best connection points for all like-minded folks in the digital health realm and across the continuum of care so that we can achieve our one goal, as I've stated in many ways previously: to enable people to have better, more easily accessible care regardless of geography or circumstance that we can account for.

Take this how you will, but if you're nearly a month into 2025 and haven't alighted on something you can count as a New Year's Resolution, I'd encourage you to send us a query in our Contact Us form, call us, post on LinkedIn, send our staff an email, or stop by at a booth and tell us about yourself and what you do, how curious you are about digital health moving forward, what excites and terrifies you about the landscape taking shape in the near and distant future, what ideas you've always had about how digital health can be improved, what your lived experience and educational and professional background brings to the table that so many of us miss, your research project. Even if you're not looking for technical assistance or to schedule a webinar (but we'd love to do those, too!) and you happen to come across us, send us a message.

I tend to be a bit more verbose, so I wanted to be succinct on this one. Perhaps one more of those New Year's Half-resolutions for myself: say less, listen more, stay excited to help.

Happy New Year, and take care,

Luke Wortley (he/him), MFA

On behalf of the UMTRC (Upper Midwest Telehealth Resource Center) Team

# PODCAST EPISODES

## A Virtual View - What are the Telehealth Resource Centers?

We're back for season 5!

In this episode of a Virtual View, Danielle talks to some experts from the [National Consortium of Telehealth Resource Centers](#). Tune in for a discussion about what the consortium and individual TRCs do, their history, and what might be up next!

[Listen Now!](#)

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# HEALTH HIGHLIGHTS

## Highlight on Telehealth – The End of Net Neutrality

[From the Center for Connected Health Policy:](#)

"Net neutrality, which is the concept of ensuring an open and equally accessible internet through regulating internet service providers (ISPs) similar to public utilities, has ended once again. On January 2, 2025, a three-judge panel of the [U.S. Court of Appeals for the Sixth Circuit](#) [ruled](#) that the [Federal Communications Commission \(FCC\)](#) lacks authority to reinstate net neutrality rules preventing broadband providers from limiting consumer internet access, such as through blocking or slowing down speeds for certain services and websites."

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# EVENTS

## IRHA Spring Summit - VIRTUAL

We're excited to invite you to the 2025 IRHA Virtual Spring Rural Summit on Wednesday, March 5!



## Other Events

- [NCTRC Webinar - Advancing Telehealth Integration in Patient Care – February 20th](#)
- [TeleBehavioral Health 2025: Telehealth and TeleBehavioral/TeleMental Health Policy Update - February 21st](#)
- [Telehealth-based solutions to improve health equity for people experiencing homelessness](#)

# NEWS UPDATES

## National

- [Medicare Telehealth Waivers Extended Until March 2025](#)
- [Telehealth Companies Boost Ad Spending While Taking on More Complex Medicine](#)

## Indiana

- [Lawmakers hope to close telehealth gap for hard-of-hearing Hoosiers](#)
- [Indiana already banned abortions. Now, state lawmakers are eyeing abortion pills.](#)

## Illinois

- [Twentyeight Health and Aetna Better Health® of Illinois Collaborate to Expand Member Access to Sexual and Reproductive Telehealth Services](#)
- [Illinois, Other States Temporarily Lost Access to Medicaid Portal Amid Funding Freeze](#)

## Michigan

- [Michigan study finds virtual care does not lead to wastage of healthcare resources](#)
- [Michigan Eliminates Work Requirements for Medicaid Recipients](#)

## Ohio

- [Michigan study finds virtual care does not lead to wastage of healthcare resources](#)
- [Michigan Eliminates Work Requirements for Medicaid Recipients](#)

## Newsletter Information

**Published January 31, 2025**

**Email Subject: Welcome to 2025 with the UMTRC!**